

Exams Revision Techniques

Techniques and Guidance to studying

- Ensure you have a designated space/area to revise from.
- This will enable students to keep all their subjects in one area and have it set out for learning.
- Keep the area free from distraction, including mobile phones! Although a fidget item might help?
- Little and often, taking short breaks between topics, will help to keep focus rather than long blocks of 2 hours.
- It's important to regularly review the knowledge you are requiring. This is how we move from short to long term memory.
- Effective revision is a process not a cramming session just before exams!
- You may wish to help memory by using the following depending on how you learn best.



Visual Cues

- Making posters and colourful charts
- Put them up in and around your study area
- Mind maps
- Visual revision cards
- Colour code work
- Take pictures
- Use of Apps!



Listening

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| Record | Record your learning materials |
| Speak | Speak your revision summaries' out loud to yourself |
| Ask | Ask yourself or someone else questions |
| Look out | Look out for podcasts |
| Read | Read aloud to yourself |



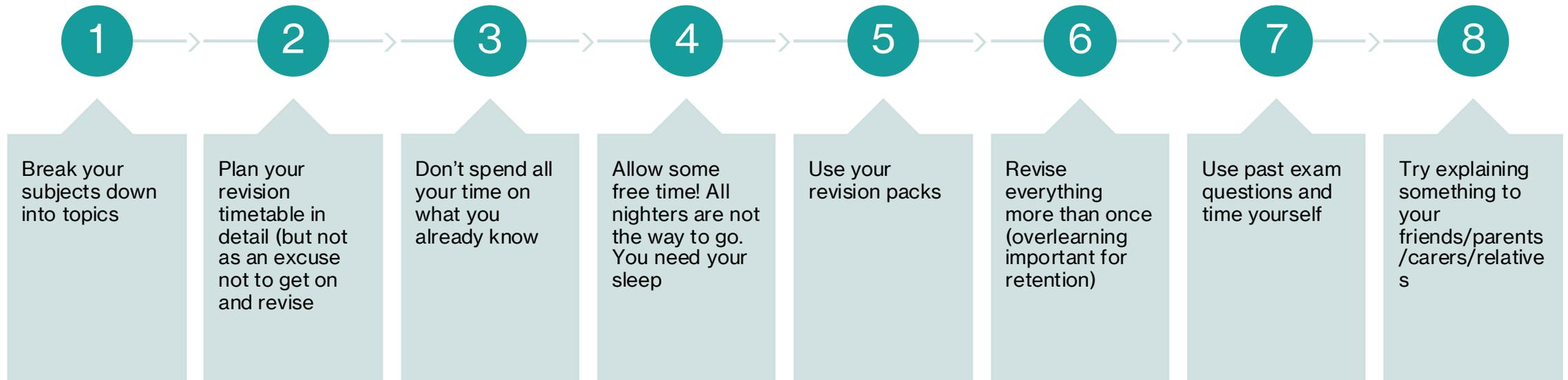
Music?

- Associate tracks or albums with different topics
- Create a rhythm so that you tap out key points
- Make song lyrics out of your notes
- Make a tune up so that the low notes and the high notes are associated with different things
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Learning by doing

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|-------------|--|
| Act out | Act out where possible |
| Move around | Move around when you are revising |
| Write | Write notes out repeatedly |
| Record | Record your notes but listen back while you are on the move.....Your own podcast |

Revision strategies





Look Cover Write Check

- An old but for many trusted technique
- Revise a section of work
- Cover it up
- Write down as much as you can remember
- Check against your original notes.
- Highlight what you got wrong or forgot

Coping with pre-exam stress

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|--------------|---|
| Do Not drink | Do Not drink too much caffeine – it encourages over production of adrenalin |
| Try | Try relaxation exercises or music |
| Think | Think of all the things you can do |
| Allow | Allow yourself time for rest and recreation |

Exams are not there to trick you



Read the questions carefully so you can demonstrate your knowledge,



you don't have to write down everything you know,



look at the question and break it down.



Take your time, its not a race



Read the questions carefully



Think about your answers, have you shown all your working out, or used the inserts effectively

Access to supporting revision

- BBC Bitesize revision
- You tube
- Apps
- Your teachers
- And even textbooks can help such as revision guides



Remember!



Everyone revises differently, and it's important to remember that while you're doing your own studying. Find out what your own weaknesses are and work on them.



Finally.....



.....We wish all our students the best of luck. You've got this!