

Lunch menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Theme	Pie	Pasta	World	British	Fish Friday
Hot Meat Option	Homemade Cottage Pie	Homemade Beef Lasagne	Chicken Fajita	Sausage & Mash	Giant Fish Fingers
Hot Vegetarian Option	Homemade Quorn Cottage Pie	Homemade Vegetable Lasagne	Meat-free Fajita	Vegetarian Sausage & Mash	Vegetarian Fingers
Sides	Mixed Vegetables, Gravy (suitable for both)	Garlic Bread Slices	Lightly Seasoned Potatoes	Broccoli, Gravy (suitable for both)	Chips, Peas
Salad bowl	Available daily				
Fruit bowl	Available daily				

Allergens

Week 1

		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Monday	Homemade Cottage Pie	✓	✓		✓			✓		✓					✓
	Homemade Quorn Pie	✓	✓		✓			✓		✓					✓
Tuesday	Homemade Beef Lasagne	✓	✓		✓			✓		✓					✓
	Homemade Vegetable Lasagne	✓	✓		✓			✓		✓					✓
Wednesday	Chicken Fajita	✓	✓												
	Meat-Free Fajita	✓	✓												
Thursday	Sausage & Mash	✓	✓		✓			✓		✓					
	Vegetarian Sausage & Mash	✓	✓		✓			✓		✓				✓	✓
Friday	Giant Fish Fingers	✓	✓	✓	✓	✓		✓		✓				✓	✓
	Vegetarian Fingers	✓	✓		✓			✓		✓				✓	✓

Lunch menu

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Theme	Pie	Pasta	World	British	Fish Friday
Hot Meat Option	Chicken & Mushroom Pie	Bolognaise Fusilli Pasta	Chicken Curry (mild)	Brunch: Sausage, Bacon, Scrambled Egg	Fish Cake
Hot Vegetarian Option	Vegetable Pie	Tomato & Basil Fusilli Pasta	Vegetable Curry (mild)	Brunch: Vegetarian Sausage, Mushrooms, Scrambled Egg	Vegetable Burger
Sides	Mixed Vegetables, Mash, Gravy (suitable for both)	Garlic Dough Balls	Rice, Naan Bread	Baked Beans, Hash Browns	Chips, Mushy Peas
Salad bowl	Available daily				
Fruit bowl	Available daily				

Allergens

Week 2

		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Monday	Chicken & Mushroom Pie	✓	✓		✓			✓		✓				✓	✓
	Vegetable Pie	✓	✓		✓			✓		✓				✓	✓
Tuesday	Bolognaise Fusilli Pasta	✓	✓		✓			✓		✓				✓	✓
	Tomato & Basil Fusilli Pasta	✓	✓		✓			✓							
Wednesday	Chicken Curry	✓	✓		✓			✓		✓				✓	✓
	Vegetable Curry	✓	✓		✓			✓		✓				✓	✓
Thursday	Brunch		✓		✓			✓		✓				✓	✓
	Vegetarian Brunch		✓		✓			✓		✓				✓	✓
Friday	Fish Cake	✓	✓		✓	✓		✓		✓				✓	
	Vegetable Burger	✓	✓		✓			✓		✓				✓	✓

Lunch menu

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Theme	Pie	Pasta	World	British	Fish Friday
Hot Meat Option	Steak Pie	Meatballs in Tomato Sauce	Beef Burger in a Bun	Roast Chicken & Yorkshire Pudding	Battered Fish
Hot Vegetarian Option	Cheese & Onion Pasty	Vegan Meatballs in Tomato Sauce	Vegetarian Burger in a Bun	Vegetarian Wellington	Vegetarian Nuggets
Sides	Mixed Vegetables, Mash, Gravy (suitable for both)	Pizza Twists	Fries, Baked Beans, American Cheese	Mixed Vegetables, Roast Potatoes, Gravy (suitable for both)	Chips, Mushy Peas, Curry Sauce
Salad bowl	Available daily				
Fruit bowl	Available daily				

Allergens

Week 3

		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Monday	Steak Pie	✓	✓		✓			✓		✓				✓	
	Cheese & Onion Pasty	✓	✓		✓			✓		✓				✓	✓
Tuesday	Meatballs in Tomato Sauce	✓	✓		✓			✓		✓				✓	✓
	Vegan Meatballs in Tomato Sauce	✓	✓							✓				✓	✓
Wednesday	Beef Burger in a Bun	✓	✓		✓			✓		✓			✓	✓	✓
	Vegetarian Burger in a Bun	✓	✓		✓			✓		✓			✓	✓	✓
Thursday	Roast Chicken & Yorkshire Pudding	✓	✓		✓			✓		✓				✓	✓
	Vegetarian Wellington	✓	✓		✓			✓		✓				✓	
Friday	Battered Fish		✓		✓	✓		✓		✓					
	Vegetarian Nuggets	✓	✓		✓			✓		✓				✓	