

Art & Talking Therapist

Job Purpose:

To deliver high-quality therapy sessions for students enrolled at In Toto Ed, ensuring they develop emotional and psychological resilience, improve their self-esteem, and enhance their personal growth through creative therapeutic approaches.

Key Responsibilities:

Therapeutic Sessions:

- Deliver one-to-one and small group therapy sessions to students aged 11–21, addressing emotional, behavioural, and mental health needs.
- Develop tailored therapeutic plans based on individual assessments to support students' personal growth and emotional well-being.
- Use a variety of creative methods and therapeutic techniques, including drawing, painting, sculpture, and digital media, to help students express their emotions and process trauma.
- Monitor and track students' progress through regular assessments and therapeutic observations.
- Foster a safe and supportive environment where students feel comfortable expressing themselves and exploring their emotions.

Assessment and Progress Monitoring:

- Assess students' emotional and psychological needs, developing individual treatment goals and therapeutic plans.
- Maintain accurate and confidential records of all sessions, including progress notes and treatment plans.
- Provide regular feedback to students, teachers, and SENCOs regarding students' emotional development and therapeutic progress.

Collaboration and Multidisciplinary Work:

- Work collaboratively with teachers, SENCOs, and other therapists to ensure a holistic approach to students' education and well-being.
- Attend and contribute to multidisciplinary team meetings to discuss students' progress, treatment plans, and educational needs.

Curriculum and Therapy Integration:

- Ensure therapy sessions are aligned with the school's overall approach to personalised learning and emotional support.

- Adapt therapeutic approaches to meet the individual needs of students, particularly those with SEN, SEMH, ASD, ADHD, and trauma.
- Contribute to the creation of individualised learning packages that support students' therapeutic and educational needs.

Safeguarding and Professional Standards:

- Follow safeguarding policies and procedures to ensure the safety and well-being of all students.
- Maintain professional standards in all interactions, adhering to the Health and Care Professions Council (HCPC) Code of Ethics.
- Participate in ongoing professional development (CPD) to keep up-to-date with the latest therapeutic approaches and best practices.

Administrative Duties:

- Maintain accurate and confidential clinical records in line with professional guidelines.
- Participate in regular team meetings and contribute to school reports and reviews on student progress.
- Ensure that all activities and documentation comply with school policies and HCPC requirements.

Person Specification:

Essential Criteria:

- HCPC-registered Therapist.
- A minimum of 2 years' post-qualification experience, ideally working with children and young people.
- Experience working with students with Special Educational Needs (SEN) and Social, Emotional, and Mental Health (SEMH) needs, including those with ASD, ADHD, and trauma.
- Strong communication and interpersonal skills, with the ability to work both independently and collaboratively within a multidisciplinary team.
- Ability to maintain accurate and confidential clinical records and provide constructive feedback to students and staff.
- Commitment to safeguarding and promoting the welfare of children and young people.
- Willingness to undergo an Enhanced Disclosure and Barring Check (DBS).

Desirable Criteria:

- Previous experience in a school or alternative provision setting.
- Familiarity with the Education, Health and Care Plan (EHCP) process.
- Additional training or qualifications in integrative therapies, such as music, drama, or play therapy.
- Knowledge of trauma-informed practices and neurodiversity-affirming approaches.

Safeguarding Commitment:

In Toto Ed is committed to safeguarding and promoting the welfare of children and young people. All candidates will undergo child protection screening, including checks with previous employers and an enhanced DBS check. We take all safeguarding concerns seriously and encourage our pupils to speak up about any worries they may have. We will always act in the best interests of the child.